



## Horse Care Info Sheet

# Hand Hygiene Checklist

- ☐ Make it easy for people to do the “right” thing
- ☐ A sink with running water and soap dispenser is optimal
- ☐ Place multiple alcohol based hand sanitizers in larger barns, for easy access throughout the facility
- ☐ Always handle the healthy horse(s) before the sick one(s)
- ☐ Sanitize your hands before and after each interaction with an “isolated” horse or any of their equipment, food, medicine and other items (isolated = sick, new or travelling)
- ☐ Sanitize your hands when working with foals, before and after
- ☐ Other activities that require hand hygiene procedure before and after are; administration of medication, dewormers and feeding of grain and hay

## Soap and Water Wash—Application time 40-60 seconds

- ☐ Use liquid soap (best option)
- ☐ Wet hands with water and apply enough product to cover all areas (Sing Happy Birthday Twice!)
- ☐ Rinse hands with water and dry thoroughly with a single-use towel (best option – prevents re-contamination)
- ☐ If bar soap is used, use small bars of soap in racks that allow the bars to dry in between use



## Alcohol Based Hand Sanitizer (min. 61% alcohol) - Application time: 20-30 seconds

- ☐ First remove organic material – use a towel or hand wipe
- ☐ Apply a quarter sized amount of alcohol-based hand-rub into your palm, dip your finger tips in the sanitizer and then rub the sanitizer over all surfaces of your hands
- ☐ Let dry, avoid open sparks while alcohol gel is drying

*Equine Guelph would like to extend thanks to Dr. Josie Traub-Dargatz and Dr. Alanna Kirby, Colorado State University for input and content review of this infosheet.*

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